



**WELCOME
REFRESHER
WORKSHOP
23 JULY 2016**

**VFISA
LOGOTHERAPY**

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BACK TO BASICS

- Can you remember the introductory course and how did it feel finding the person inside and in the intermediate course allowing that person to come out triumphantly?

- Do you still believe that we are open vessels and that the tension in your life is the golden thread of meaning in your life?

Are you still excited about finding destiny and meaning in your life every second of the day?

- Do you still make time for self-reflection or is your life's pace dictating you to lose yourself?

- Can you still remember your mission statement that the introductory course asked of you to write?

- Do you still appreciate the sustaining power of right choices?

- Have you found your own commission in life?

- Have you allowed yourself some time to still reflect while saying yes to your calling?

- Meaning glimpses from our own past and present through suffering and victories?

- Where has it left you today?

“We are called to fill our unique space. As we do, our lives becomes unrepeatable and irreplaceably unique” - Viktor Frankl